



Seymour High School 2014 Cross Country Invitational

Appleton North
Appleton West
Ashwaubenon
Clintonville
Freedom
Green Bay East
Green Bay Preble
Green Bay Southwest
Hortonville
Kaukauna
Kimberly
Little Chute
Menasha
Neenah
New London
Notre Dame
Oshkosh North
Peshtigo
Pulaski
Seymour
Shawano
Waupaca
West De Pere
Xavier

- Date:** Thursday, October 9, 2014
- Location:** Crystal Springs Golf Course
N8055 French Road, Seymour
The start and finish lines of the race will be near the clubhouse.
- Course Info:** Boys - 5,000m
Girls - 5,000m
Coaches: *Maps will be included in your envelope packet, which you will receive upon arrival.*
**Please impress upon your runners that they need to stay off the 'greens' and 'tee areas'*
- Awards:** The varsity teams will be broken down into 2 divisions based on WIAA enrollment. There will be a 1st place team trophy for the boys and girls varsity races in each division
Varsity medals 1st-20th and J. V. medals 1st-15th
- Order Of Events:** Coaches meeting at 3:30 p.m. at the Finish Line.
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|---------------------------|-----------|
| Girls JV (unlimited) | 4:00 p.m. |
| Boys Varsity (8 runners) | 4:30 p.m. |
| Girls Varsity (8 runners) | 5:00 p.m. |
| Boys JV (unlimited) | 5:30 p.m. |
| Awards | ASAP |
- These are approximate times. Races will not be started until the course is cleared from the previous race. We will do our best to keep on schedule.*
- Entry Fee:** \$120
- Entry Format:** We will utilize **pttiming.com** for entry submission. Your entries **must** be submitted via this website by **Tuesday, October 7 at noon**. *A late fee will be assessed if your entry is late!*
- Log onto the website and scroll down to the Seymour meet
Click on meet entries and follow the prompts and directions.
 - You will be able to make changes at the meet, if needed.
 - You must designate varsity and JV runners on the forms.
 - Rosters and timing chips will be provided.
- If you have any questions regarding the meet or the above information, please contact Scott Michalski at: smichalski@seymour.k12.wi.us
- Note:** Commemorative long-sleeved and short-sleeved T-shirts will be available for \$15/\$10. Make checks payable to: "Thunder Runners". Outdoor bathroom facilities will be available. Concessions will be available.

*On behalf of Seymour Community Schools,
we look forward to seeing you on October 9th!*

Scott Michalski - Varsity Cross Country Coach
Mark Zahn - Athletic Director
920-833-2306, Ext. 498 - 920-366-2768 (cell)